SUSPECT ADVERSE REACTION REPORT

I. REACTION INFORMATION

1. PATIENT INITIALS (first, last)	1a. COUNTRY	2. DATE OF BIRTH Day	Month	Year	2a. AGE	3. SEX	3a. WEIGHT	4-6 REACTION ONSET Day	Month	Year
PRIVACY	COSTA RICA		PRIVACY		47 Years	Female	70.80 kg		MAY	2025

7 + 13 DESCRIBE REACTION(S) (including relevant tests/lab data)
Event Verbatim [PREFERRED TERM] (Related symptoms if any separated by commas)

nausea [Nausea]
dry mouth [Dry mouth]

Case Description: ***This is an auto generated narrative***

Study ID: 828652-My Healthy Journey

Study description: Trial title: This is a 40 weeks digital patient support program with focus on exercise, motivation, nutrition & maintaining strategies (only for patients under Liraglutide 3.0 mg).

(Continued on Additional Information Page)

8-12 CHECK ALL APPROPRIATE TO ADVERSE REACTION

- ☐ PATIENT DIED
- ☐ INVOLVED OR PROLONGED INPATIENT HOSPITALISATION
- ☐ INVOLVED PERSISTENT OR SIGNIFICANT DISABILITY OR INCAPACITY
- ☐ LIFE THREATENING
- ☐ CONGENITAL ANOMALY
- ☐ OTHER

II. SUSPECT DRUG(S) INFORMATION

14. SUSPECT DRUG(S) (include generic name)
#1) Saxenda (liraglutide 6 mg/mL) Solution for injection, 6 mg/mL

(Continued on Additional Information Page)

15. DAILY DOSE(S)	16. ROUTE(S) OF ADMINISTRATION
#1) UNK	#1) Subcutaneous

17. INDICATION(S) FOR USE
#1) Weight loss (Weight control)

18. THERAPY DATES(from/to)	19. THERAPY DURATION
#1) MAY-2025 / Unknown	#1) Unknown

20. DID REACTION ABATE AFTER STOPPING DRUG? ☐ YES ☐ NO ☒ NA

21. DID REACTION REAPPEAR AFTER REINTRODUCTION? ☐ YES ☐ NO ☒ NA

III. CONCOMITANT DRUG(S) AND HISTORY

22. CONCOMITANT DRUG(S) AND DATES OF ADMINISTRATION (exclude those used to treat reaction)

23. OTHER RELEVANT HISTORY. (e.g. diagnostics, allergies, pregnancy with last month of period, etc.)

From/To Dates	Type of History / Notes	Description
Unknown to Ongoing	Current Condition Duration not reported	Insulin resistance (Insulin resistance)

IV. MANUFACTURER INFORMATION

24a. NAME AND ADDRESS OF MANUFACTURER
Novo Nordisk A/S
Lise Grimmeshave
Vandtaarnsvej 114
Soeborg, DK-2860 DENMARK
Phone: +45 44448888

26. REMARKS
Medically Confirmed: No

24b. MFR CONTROL NO.
1446424

25b. NAME AND ADDRESS OF REPORTER
NAME AND ADDRESS WITHHELD.

24c. DATE RECEIVED BY MANUFACTURER
30-MAY-2025

24d. REPORT SOURCE
☒ STUDY ☐ LITERATURE ☐ HEALTH PROFESSIONAL ☐ OTHER:

DATE OF THIS REPORT
26-JUN-2025

25a. REPORT TYPE
☒ INITIAL ☐ FOLLOWUP:

Mfr. Control Number: 1446424

ADDITIONAL INFORMATION

7+13. DESCRIBE REACTION(S) continued

Patient's height: 160 cm.

Patient's weight: 70.8 kg.

Patient's BMI: 27.656250.

This non-serious Solicited Report from COSTA RICA was reported by a Consumer as "nausea(Nausea)" beginning on MAY-2025 , "dry mouth(Dry mouth)" beginning on MAY-2025 and concerned a 47 Years old Female patient who was treated with Saxenda (liraglutide 6 mg/mL) from MAY-2025 and ongoing for "Weight loss",

Dosage Regimens:
Saxenda: ??-MAY-2025 to Not Reported, Not Reported to Not Reported (Dosage Regimen Ongoing);

Current Condition: Insulin resistance.

Batch Numbers:
Saxenda: UNK, UNK;

Action taken to Saxenda was reported as No Change.

The outcome for the event "nausea(Nausea)" was Recovering/resolving.
The outcome for the event "dry mouth(Dry mouth)" was Recovering/resolving.

Reporter's causality (Saxenda) -
nausea(Nausea) : Possible
dry mouth(Dry mouth) : Possible

Company's causality (Saxenda) -
nausea(Nausea) : Possible
dry mouth(Dry mouth) : Possible

14-19. SUSPECT DRUG(S) continued

14. SUSPECT DRUG(S) (include generic name)	15. DAILY DOSE(S); 16. ROUTE(S) OF ADMIN	17. INDICATION(S) FOR USE	18. THERAPY DATES (from/to); 19. THERAPY DURATION
#1) Saxenda (liraglutide 6 mg/mL) Solution for injection, 6 mg/mL; Regimen #2	1.2 mg, qd; Subcutaneous	Weight loss (Weight control)	Ongoing; Unknown