

# SUSPECT ADVERSE REACTION REPORT

## I. REACTION INFORMATION

1. PATIENT INITIALS (first, last) <b>PRIVACY</b>	1a. COUNTRY <b>COSTA RICA</b>	2. DATE OF BIRTH			2a. AGE <b>43</b> Years	3. SEX <b>Female</b>	3a. WEIGHT <b>88.40</b> kg	4-6 REACTION ONSET			8-12 CHECK ALL APPROPRIATE TO ADVERSE REACTION  <input type="checkbox"/> PATIENT DIED  <input type="checkbox"/> INVOLVED OR PROLONGED INPATIENT HOSPITALISATION <input type="checkbox"/> INVOLVED PERSISTENT OR SIGNIFICANT DISABILITY OR INCAPACITY  <input type="checkbox"/> LIFE THREATENING <input type="checkbox"/> CONGENITAL ANOMALY <input checked="" type="checkbox"/> OTHER	
		Day	Month	Year			Day	Month	Year			
										<b>PRIVACY</b>	<b>APR</b>	<b>2025</b>

7 + 13 DESCRIBE REACTION(S) (including relevant tests/lab data)  
Event Verbatim [PREFERRED TERM] (Related symptoms if any separated by commas)  
Other Serious Criteria: Medically Significant colitis [Colitis]  
  
Case Description: Study ID: 828652-My Healthy Journey  
  
Study description: Trial title: This is a 40 weeks digital patient support program with focus on exercise, motivation, nutrition & maintaining strategies (only for patients under Liraglutide 3.0 mg).  
  
Patient's height: 159 cm.

(Continued on Additional Information Page)

## II. SUSPECT DRUG(S) INFORMATION

14. SUSPECT DRUG(S) (include generic name) #1 ) Saxenda (liraglutide 6 mg/mL) Solution for injection, 6 mg/mL {Lot # PP5L468; Exp.Dt. JUN-2026} (Continued on Additional Information Page)		20. DID REACTION ABATE AFTER STOPPING DRUG?  <input checked="" type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> NA
15. DAILY DOSE(S) #1 ) 2.4 mg, qd	16. ROUTE(S) OF ADMINISTRATION #1 ) Subcutaneous	
17. INDICATION(S) FOR USE #1 ) obesity (Obesity)		21. DID REACTION REAPPEAR AFTER REINTRODUCTION?  <input type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> NA
18. THERAPY DATES(from/to) #1 ) APR-2025 / Unknown	19. THERAPY DURATION #1 ) Unknown	

## III. CONCOMITANT DRUG(S) AND HISTORY

22. CONCOMITANT DRUG(S) AND DATES OF ADMINISTRATION (exclude those used to treat reaction)		
23. OTHER RELEVANT HISTORY. (e.g. diagnostics, allergies, pregnancy with last month of period, etc.) From/To Dates      Type of History / Notes      Description Unknown to Ongoing      Current Condition      Obesity (Obesity)		

## IV. MANUFACTURER INFORMATION

24a. NAME AND ADDRESS OF MANUFACTURER Novo Nordisk A/S Lise Grimmeshave Vandtaarnsvej 114 Soeborg, DK-2860 DENMARK Phone: +45 44448888		26. REMARKS Medically Confirmed: No World Wide #: CR-NOVOPROD-1432756
	24b. MFR CONTROL NO. <b>1432756</b>	25b. NAME AND ADDRESS OF REPORTER NAME AND ADDRESS WITHHELD.
24c. DATE RECEIVED BY MANUFACTURER <b>13-JUN-2025</b>	24d. REPORT SOURCE <input checked="" type="checkbox"/> STUDY <input type="checkbox"/> LITERATURE <input type="checkbox"/> HEALTH PROFESSIONAL <input type="checkbox"/> OTHER:	
DATE OF THIS REPORT <b>19-JUN-2025</b>	25a. REPORT TYPE <input type="checkbox"/> INITIAL <input checked="" type="checkbox"/> FOLLOWUP: 1	

19-Jun-2025 14:41

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**ADDITIONAL INFORMATION****7+13. DESCRIBE REACTION(S) continued**

Patient's weight: 88.4 kg.

Patient's BMI: 34.96697120.

This serious Solicited Report from COSTA RICA was reported by a Consumer as "colitis(Colitis)" beginning on APR-2025 and concerned a 43 Years old Female patient who was treated with Saxenda (liraglutide 6 mg/mL) from APR-2025 and ongoing for "obesity",

Dosage Regimens:

Saxenda: ??-APR-2025 to Not Reported, Not Reported to Not Reported, Not Reported to Not Reported, Not Reported to Not Reported (Dosage Regimen Ongoing);

Current Condition: Obesity.

On an unspecified date in APR-2025, the patient experienced severe colitis and diarrhea. It was the third box; she increased the dose to 3 mg but experienced very intense colitis-like pain and severe diarrhea. She lowered it to 2.4 mg, went to the doctor, and was advised to reduce it to 1.8 mg, and she has felt improvement.

Batch Numbers:

Saxenda: PP5L468

Action taken to Saxenda was reported as Dose Decreased.

On 17-MAY-2025 the outcome for the event "colitis(Colitis)" was Recovered.

Reporter's causality (Saxenda) -  
colitis(Colitis) : Unknown

Company's causality (Saxenda) -  
colitis(Colitis) : Unlikely

On 19-JUN-2025, the causality assessment of the event colitis was changed from unlikely/unlikely to Unknown/unlikely.

Since last submission, the case was updated with the following:

- Patient height, weight updated
- Dosage regimen was updated
- Event stop date updated
- Reporter's causality updated from unlikely to unknown
- GxP comment added
- Narrative was updated accordingly.

Company comment:

Colitis is assessed as unlisted event according to the Novo Nordisk current Company Core Data Sheet information on Saxenda. Colitis is defined as inflammation of the colon which is part of the large intestine and it can be temporary or chronic. This inflammation can cause a variety of symptoms, including abdominal pain, diarrhoea, and bloody stools. Although the temporal relationship appears plausible and dechallenge is positive, limited information on complete medical history, concomitant medications, relevant laboratory investigation reports and treatment received precludes thorough medical assessment of the case.

With the available information and considering the nature of the event and known safety profile of suspect, the causality for the event colitis is assessed as unlikely related to the suspect product.

This single case report is not considered to change the current knowledge of the safety profile of Saxenda.

References included:

Reference Type: E2B Company Number

Reference ID#: CR-NOVOPROD-1432756

Reference Notes:

**ADDITIONAL INFORMATION****14-19. SUSPECT DRUG(S) continued**

14. SUSPECT DRUG(S) (include generic name)	15. DAILY DOSE(S); 16. ROUTE(S) OF ADMIN	17. INDICATION(S) FOR USE	18. THERAPY DATES (from/to); 19. THERAPY DURATION
#1 ) Saxenda (liraglutide 6 mg/mL) Solution for injection, 6 mg/mL {Lot # PP5L468; Exp.Dt. JUN-2026}; Regimen #2	3 mg, qd; Subcutaneous	obesity (Obesity)	Unknown; Unknown
#1 ) Saxenda (liraglutide 6 mg/mL) Solution for injection, 6 mg/mL {Lot # PP5L468; Exp.Dt. JUN-2026}; Regimen #3	2.4 mg, qd(dose decreased); Subcutaneous	obesity (Obesity)	Unknown; Unknown
#1 ) Saxenda (liraglutide 6 mg/mL) Solution for injection, 6 mg/mL {Lot # PP5L468; Exp.Dt. JUN-2026}; Regimen #4	1.8 mg, qd(dose decreased further); Subcutaneous	obesity (Obesity)	Ongoing; Unknown